

Brunton Park Dementia Cafe January - May 2016
1pm-3pm every Monday

DATE	ACTIVITY/EVENT
Jan 4th	Silverline Sings with Kayley
Jan 11th	Seated Zumba with Nicci
Jan 18th	Popolo Ceramico
Jan 25th	Knit & Knatter with Julie
Feb 1st	Silverline Sings with Kayley
Feb 8th	Valentine Card making
Feb 15th	Metro 60 Stop Challenge -
Feb 22nd	Tai Chi with Gerry
Feb 29th	Leap Year Pampering with Elaine
March 7th	Silverline Sings with Kayley
March 14th	Rookie Golf
March 21st	Easter Egg decorating
March 28th	EASTER MONDAY
April 4th	Silverline Sings with Kayley
April 11th	Painting by numbers
April 18th	Tai Chi with Gerry
April 25th	